



ARK
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Good news

I have been craving some good news this month & found some places to get some 'happy news that makes me smile and I thought I would share them...

I don't know about you but the last year has been grim in terms of the news that was reported. Too often i would not watch the news because i just knew it would be a report on the number of covid infections or announcements of more restrictions. I felt the need to shake off the negativity and find some 'happy' news sources.

I thought I would share the 'good' news with you all- we all need something to smile about sometimes :)

The first is a good news movement. It is a journalist-run good news page. I follow them on instagram (goodnews_movement). There is a range of different stories from around the world. Some of them are just cute- like a little girl who made valentine day cards to hand out to people she met at the park on Monday.

The next one (and this one is from my wife) is 1millionwomen.com.au. In their blog they have a range of good news stories about environmental news, as well as practical steps you can take for the environment and climate change.

The last one is new to me, called positive news (www.positive.news). I have not looked into this extensively, but i have signed up to their 'inbox inspiration' and have enjoyed the few emails i have received so far.



From unsplash, good, good, good

TIP of the Month:

Everyone loves the sea and sand except our cars. Cars which sit outside, especially close to the coast, can develop rust around the brakes and under the body work.

We recommend a 10-15 drives per week, a regular wash and polish to keep the brakes safe and retain the car's value at resale.

Ron's Trivia

Each month we will share some trivia (next week we will share a brief explanation via our facebook page).

This month's trivia is;

Where did the expression 'Good night, Sleep tight' come from?



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Changes to parking in Quirk Rd & Paton Pl:

It seems that parking is an issue everywhere we go in Sydney.

Great News!! As part of the councils ongoing reviews, the parking rules are changing in the streets directly around ARK and other parts of the Manly Vale and Balgowlah area in the near future. This won't occur for a while, but we mention it to you so that you are aware if you drop your car off overnight or on the weekend after to occurs.

Also Ron or I may ask you what time you will arrive in the morning. This is simply so we can manage the flow of cars. Please read the signs when you park. we have plenty of parking on-site for normal times and extra parking nearby if we need it. We think it will improve the parking in general. However, as we have always said parking is not your problem at ARK, it is our and all is ok.



From unsplash. Michael Fousert

Have you ever wondered why Easter changes date each year?

Easter was always celebrated on the 1st Sunday after the 14th day of the month of Nisan (based on the Jewish calendar). The Council of Nicaea in 325AD decided that Easter is celebrated on the 1st Sunday following the 1st full moon after the spring equinox (March 21). This year on the 17th of April.

The year has started with a BANG!

Apologies for the busy-ness of the last month. We have had some staffing issues, which are now resolved. It is our hope that the disturbances will now be resolved and apologies for any inconvenience caused. Thank you for your patience with us.